

OUTDOOR CIRCUIT FITNESS CLASS

Exercise
is Medicine[®]
On Campus



ONE DAY EVENT

Wednesday, October 17th

12:30-1:00 PM

Location: TPSS Campus Tennis Court Inclement

Weather Alternate Location: FH 111

**FREE ACCESS TO STUDENTS, FACULTY, & STAFF
LIMITED SPOTS; SIGN UP TODAY**



<https://www.surveymonkey.com/r/tpcircuit>

For more information or disability support, contact
Tonya.Seed@montgomerycollege.edu or LaKisha.Nickens-Gaither@montgomerycollege.edu

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